FINAL INSTRUCTIONS PACKAGE

For Arrowhead Campers and Parents

IN THIS PACKAGE YOU WILL FIND...

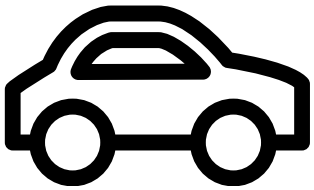
- Information for arrival and departure days
- Accommodations in the area
- Important health and safety policies
- Camper Bank information
- Information on communicating with your camper while at camp
- Suggested list of items to bring and not bring to camp
- Code of Conduct for Arrowhead Campers

Thank you for choosing Arrowhead Camp for the summer ahead. We pledge to do everything in our power to ensure that your family will be pleased with this experience.

If you have any questions, please do not hesitate to get in touch with us at any time.

MAIL: 1111 RONVILLE RD
DWIGHT, ON
P0A 1H0
EMAIL: CAMP@ARROWHEAD.ON.CA
CALL: 705-635-1600
FAX: 705-635-1630

ARRIVALS AND DEPARTURES



Drop Off:

Without busing this year we will have increased activity in the parking lot. Covid Screening, including a temperature check, has to happen in the parking lot, before entering camp property, so in an effort to help with flow, all campers will have a *staggered window of time for drop off assigned to them.* We kindly ask, if possible, that only 1 adult accompany their camper for drop off. We also ask that all members present at drop off wear a face covering and physical distance from other families while checking in. As per OCA guidelines, only campers will be allowed on the camp premises. We ask that guardians say their goodbyes to their campers in the camp parking lot. Their counsellor will happily escort your campers to their cabin/day camp headquarters and help them set up their space. We are working on a virtual tour of your camper's cabin prior to arrival. Stay tuned!

Checking In:

Please be sure to check your camper(s) in with our office staff. They will be set up in the parking lot. The Camp Nurse will take any medications you have and discuss any concerns you or she may have with you.

Pick Up:

Similar to drop off, families will be assigned a pick up window of time. Campers will have their gear all packed up and ready to go so they can meet you in the parking lot for a big hug! As with drop off, please send just one adult to pick up your camper, and please wear a face covering and physical distance from other families while checking out. Your camper's counsellor will be happy to chat with you about your camper's experience in the parking lot.

Checking Out:

Please be sure to check your camper(s) out with our office staff. They will be set up in the parking lot.

ACCOMMODATIONS IN THE AREA

If you plan to stay overnight in the area when dropping off or picking up your child, here is a partial list of motels / hotels in the area. July and August are very busy months in the area, especially on weekends.

BE SURE TO RESERVE WELL IN ADVANCE

Dwight Village Motel (705) 635-2400
Holiday Inn (Hidden Valley) (705) 789-2301
Deerhurst Resort (705) 789-6411
Comfort Inn Huntsville (705) 789-1701
Rodeway Inn Huntsville (705) 789-9661
Rainbow Motel Huntsville (705) 789-5514
Holiday Inn (Huntsville) (705) 788-9500
Motel 6 (Huntsville) (705) 787-0118
Econo Lodge (Huntsville) (705) 788-5051

There are countless additional resorts and motels in the vicinity. Most resorts do not accept single night guests unless they have last minute vacancies.

Please understand that we are not recommending any of these accommodations. Our list is based on places others have stayed in the past.

CAMPING

If you are interested in camping overnight, we are 20 minutes from some of the best camping in Ontario - Algonquin Park! Arrowhead Provincial Park is also nearby in the town of Huntsville.

VISITORS

Visitors will not be permitted on camp property while sessions are underway. Only essential visitors will be permitted with prior arranged clearance from the Camp Director or Health Directors, and with appropriate PPE and a completed screening.

HEALTH & SAFETY INFORMATION

HEALTH

Be sure to notify us if your child is in contact with a communicable disease within three weeks of coming to camp. If you do not live in Ontario, be sure to provide any other insurance information. Any medical costs paid on behalf of an out-of-province camper are added to the Camper Bank. Parents are also given the paid receipt so they can be reimbursed. Out-of-country campers are covered by the camp insurance policy.

MEDICATION

If your camper is on medication of any kind during camp it must be turned over to the Camp Nurse. The medications, including over the counter, **MUST be in BLISTER PACKS**. This can be done at your local drugstore.We request NO ASPIRIN, TYLENOL or ADVIL be brought to camp. They are available at camp if needed. Please check that your camper has not packed any medications to keep in their cabin.

HEAD LICE

Please check your camper(s) for lice at least one week prior to arriving at camp. If you are unsure how to complete a proper lice check read the suggestions from the Canadian Paediatric Society at www.caringforkids.cps.ca/handouts/head_lice. This is the best way to identify lice in time so that it does not prevent your camper from attending camp. A lice check will also be completed by Camp Staff upon arrival. **If lice is found we will ask that your camper return home to complete the proper lice treatment and then return once finished the treatment and clear of lice. Or Camp Staff can do a treatment at Camp, and the cost will be added to your camper bank account.**

FAMILY SITUATIONS

Please let us know if there has been a change in your marital status or living arrangements over the past year. This helps us understand your child's behaviour and moods. We would also appreciate knowing about any recent births, deaths or serious illnesses in the family. If there are custody issues, please be sure to discuss them directly with the Camp Director.

CAMPER BANK

Please be sure to fill out the **“Camper Bank for Sleepover Campers”** form on your online account. Tuck shop purchases, paraphernalia, and laundry may be charged to your camper bank. Any outstanding balances or credits are collected or refunded at the end of the camper’s stay at Camp. Note: All Camp purchases and services have appropriate HST added to the Camper Bank.

"TUCK"

The tuck shop is open at a specific time once a day for campers to purchase a beverage and/or snack. The camp imposes a limit of 2 tuck items from the tuck shop per day on all campers. The 2021 fee for Tuck Service/week is $25 + HST.

PARAPHERNALIA

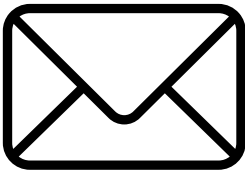
We will only sell campers sundries, hats and water bottles if they have misplaced theirs, because these items are essential for a successful camp stay. This year we are only selling clothing and Camp gear through our online store.

LAUNDRY SERVICES

One-session campers do not normally send out laundry unless specifically requested by the parents. Campers who stay longer than 2 weeks will automatically send their laundry out. The cost will be determined based on how many loads the laundry mat does. (See prices below). These campers are provided with numbered bags which must be returned when the campers leave. Laundry charges are added to the camper bank account. If this bag is not returned at the end of their stay a $10 charge will be applied to the camper’s tuck account. Please be advised that all laundry sent out is dried in a dryer and not separated into light/dark.

1 Load = $27.40 after HST
2 Loads = $41.25 after HST
3 Loads = $55.09 after HST
4 Loads = $68.93 after HST

MAIL SERVICE



MAIL

Campers love to receive mail. We hope your child will write to you from camp and we will encourage campers to do so, but we do not censor what they write. Be assured that in the event of serious concern regarding your child, you will hear from us directly. PLEASE DO NOT SEND REGISTERED MAIL, as it is not delivered directly to your camper.
To send mail to your camper please use the following address format:

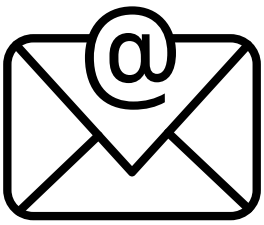
Your child
clo Arrowhead Camp
1111 Ronville Rd Dwight, Ontario
POA IHO

CARE PACKAGES

Please do NOT send fruit, candy, gum, soft drinks or any food item to or with your child. Food in cabins attracts unwanted pests and animal life, and can also cause real problems with peer pressure within the cabin. Any food sent to camp will be taken and donated to the local food bank.

Our biggest concern are life threatening allergies by campers to certain food products. Therefore if you choose to send a "care package", please send only non-food items. For example, consider sending magazines and/or books.

MAIL SERVICE CONTINUED



FAX & EMAIL

The Arrowhead Camp **fax number is (705) 635-1630**. If you wish to send your camper a fax, you may do so, but we ask for your co-operation: limit the length of your fax to two pages. Please do not use the fax daily or in replace of normal letters - campers love to get mail!

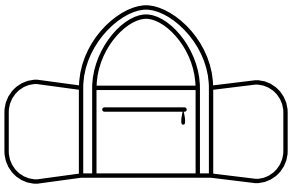
Our **email address is camp@arrowhead.on.ca** and you may communicate occasionally in this manner. With 150 people in camp at any given time, the volume of e-mail can be overwhelming. High speed service is not available in our region. We will print emails from parents and family members only. Please limit pictures to low size i.e. not over 1MB and ensure there is content to fill a good portion of the page. For example an email that only contains, “Hi Billy. Hope all is well. TTYL xoxo,” is not worth killing a tree to print. Campers are not able to send email or faxes.

TELEPHONE

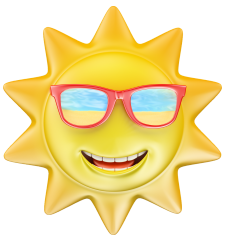
Campers are not allowed to use the telephone. We encourage campers to write letters. In the case of an emergency, call the camp at (705) 635-1600. If you have a concern or question, you are welcome to call the camp. Typically, an Arrowhead Staff member answers the phone during office hours (9:30 am –12:00 and 2:00—5:00pm). At other times you may call and leave a message on the camp answering service.

CAMPERS ARE STRONGLY ENCOURAGED TO LEAVE THEIR CELL PHONES AT HOME. IF A CAMPER NEEDS TO BRING THEIR PHONE, THEY MUST FOLLOW THE CELL PHONE POLICY STATED ON PAGE 10.

WHAT TO PACK FOR CAMP

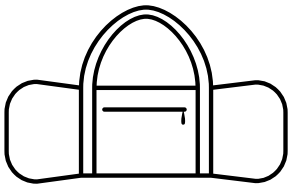


- Bike Helmet *(new item for 2021)*
- Lifejacket *(new item for 2021)*
- Several masks (aim for 3-4 per day. Reusable masks can be washed out with soap and hot water in the sink of the cabin and hung to dry)
- *Sleeping bag
- Cotton fitted sheet for single mattress
- Extra blanket
- Pillow/pillowcase
- T-shirts (great to include 1 of each of the following colours for all camp programs: red, blue, black & white)
- Sweatshirts
- Bathing suits and swim shirts
- Rain Jacket
- Long pants
- Shorts
- Underwear
- Pajamas
- Socks
- Rain boots
- Sturdy running shoes
- Extra shoes
- Laundry bag
- Toothbrush/toothpaste
- Towels/facecloth
- Comb/brush
- Hair dryers/straighteners *(only if needed, use with care)*
- Shampoo/soap - *Please bring only biodegradable & phosphate free soaps & shampoos to camp*
- Flashlight - *we strongly recommend using a rechargeable or wind-up flashlight to avoid adding batteries to our landfills*
- Reading materials
- Writing materials
- ***Outfit for banquet
- **Sun hat
- **Sunglasses
- **Sunscreen
- **Water Bottle



*See next page for notes about * items

WHAT TO PACK FOR CAMP



*If your child is troubled with enuresis (bed wetting), please send 2 (preferably washable) sleeping bags. Soiled sleeping bags will be laundered or sent out for dry cleaning. (Any cost is added to the camper bank account.)

****SUN PROTECTION IS ABSOLUTELY NECESSARY**

Please provide your camper with a waterproof sunscreen of at least 30 SPF and waterproof lip balm. Our counsellors will be instructed to check their campers for sunscreen, hats, and sunglasses. If your child(ren) does not come to Camp with a hat or water bottle, or if it is lost, we will provide one for them and charge it to their Camper Bank.

***The last evening of a session is banquet and presentation of awards. For these occasions, most campers like to "dress up" a little.

OPTIONAL ITEMS

Many campers like to bring musical instruments, cameras, binoculars, fishing gear and tennis racquets. Valuable articles may be left in the office for safe keeping, but we cannot be responsible for damage or loss.

PLEASE DO NOT BRING....

Firecrackers, cigarettes, vapes, matches, lighters, slingshots, pocket knives, electronics, laser pointers, aerosol products, or food/candy/gum. Parents are requested to co-operate in ensuring that these items do not come to camp. Items which arrive accidentally are kept in the office until camp is over.

CELL PHONES

We **strongly encourage** campers to leave their cell phones at home. Camp is a chance to 'unplug' and get away from our screens! However, if your child wishes to bring their cell phone to use as a camera, or to listen to music as an aid in falling asleep, this is permitted. Campers will not be allowed to watch videos or play games on their phones.

SIM cards MUST be removed prior to arriving at Camp, and kept at HOME with the child's guardian.
Please do not send an extra 'secret' SIM card with your camper.
If a staff member finds that a camper still has their SIM card, the SIM card will be removed and sent home via Canada Post. This cost will be added to your account.

Please do not bring video games and/or other electronics to camp .

VALUABLES

Campers should not bring valuable items, such as jewelry, expensive watches and fancy cameras to camp with them. There is no reason to bring cash to camp. If a camper arrives with cash, it must be turned into the Camp Office for safekeeping and will be returned at the end of the camper's stay.

When packing for camp ensure your child is familiar with all items. Have your camper assist you with the packing so they know what is being sent with them.

LOST AND FOUND

Each summer an incredible amount of unidentifiable clothing is left behind at camp. A "Lost and Found" is maintained throughout the session and the items are presented daily to campers.

Please pack for camp with your camper(s) to ensure they are aware of what is theirs and what they have brought.

LABEL EVERYTHING!

New Government Covid-19 Policy: All items brought to camp must be labelled!

Use a permanent marker to put your camper's first AND last name on the tags of all the items they are bringing to camp.

OR

If you would like to purchase labels, Oliver's Labels provides this service for our camp. These can be ordered directly through your camper's Arrowhead account. Scroll to the bottom of 'My Great Summer 2021 Details' page.

https://arrowheadcampon.campbrainregistration.com

oliver's labels

CODE OF CONDUCT FOR ARROWHEAD CAMPERS

At Arrowhead Camp, we do not have a lot of extraneous rules for our campers. All of the rules that we do have are in keeping with our need to keep all campers safe and happy.

ARROWHEAD CAMPERS ARE NOT ALLOWED TO SMOKE OR VAPE.
Aside from the obvious health considerations, our biggest concern in this regard is fire. Campers who smoke will be sent home immediately.

ARROWHEAD CAMPERS ARE NOT ALLOWED TO DRINK ALCOHOL, CONSUME CANNABIS BASED EDIBLES, SMOKE MARIJUANA or USE NON-PRESCRIPTION DRUGS. If a camper is in possession of alcohol or drugs, they will be sent home immediately.

THERE IS NO FINANCIAL COMPENSATION FOR CAMPERS SENT HOME FOR EITHER OF THESE REASONS.

ALL CAMPERS AND STAFF MUST WEAR PFD'S (lifejackets) AT ALL TIMES IN CANOES AND SAILBOATS AND WHILE WATER SKIING & KAYAKING. PFD'S can be provided by the camp if the camper did not bring one.

CAMPERS ARE NOT ALLOWED ON THE WATERFRONT WHEN THE WATERFRONT IS CLOSED. Campers can only be on the waterfront when the lifeguards are present and on duty.

ALL MEDICATIONS MUST BE GIVEN TO THE CAMP NURSE.
As stated earlier we must know what medications campers are taking.

All campers **will be** well informed of our EMERGENCY PROCEDURES on the day of their arrival at camp and will cooperate with them. Emergency procedures are posted in every building to help remind everyone of the proper protocol.

CODE OF CONDUCT FOR ARROWHEAD CAMPERS CONTINUED...

ARROWHEAD CAMPERS ARE EXPECTED TO TREAT FELLOW CAMPERS WITH RESPECT.

BULLYING AND HARASSMENT IS TREATED WITH ZERO TOLERANCE.

ARROWHEAD CAMPERS ARE EXPECTED TO TREAT THE PROPERTY OF THE CAMP AND OF FELLOW CAMPERS WITH RESPECT AND CARE.

AT ARROWHEAD CAMP, CAMPERS COME FIRST.

WE WANT CAMPERS TO BE SAFE, HEALTHY AND HAPPY!